



OCTOBER 2024 ISSUE 33

NEWSLETTER

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DEAR PARENTS AND CARERS

Thank you for taking the time to read this edition of the newsletter. Inside, as always, there is important information you should be aware of. As some of you will be aware there was a small number of students whose behaviour fell short of our standards on the bus. This led to afternoon cancellations for a short period. I must stress that this was a small minority of students; however, it is important that all families whose children travel to school on a bus are aware of the contents of my letter.

As part of our Personal Development curriculum we teach students about health and relationships; you will find important information about social and emotional well-being in this edition alongside some very important information from Knowsley Council regarding substance misuse. It is also that time of year that the annual flu immunisations take place; again, information can be found in the newsletter.

Within the newsletter you will also find guidance on how to support your child with their knowledge organisers. Their knowledge organisers contain all the core information for each subject that they need to know. There are a range of 'tips' provided to help you support your child at home; please take time to review this. I am really pleased to inform you that our new courses in Year 10 have started well and animal care is no exception. We have included pictures from Mr Rewcastle's class to show the work that this group have been undertaking.

As always, there is much to celebrate from the PE department; well done to our new **Year 7** football team that have started the year well.

Finally, we have a couple of things to celebrate as a school; we have achieved the Leading Parent Partnership Award (LPPA) for our work with families. We have also been shortlisted for the Educate Awards for Outstanding Contribution to STEM (Science, Technology, Engineering & Maths). I'd like to say big thank you to Mr Campbell for his work with STEM which has led to this prestigious nomination.

As a reminder, school closes for all students on Wednesday 23rd October at the normal time and will re-open on Monday 4th November at 8.00am.

Kind regards,

Mr I Critchley Executive Principal



A GREAT
PLACE
TO BE A
PART OF

KEY DATES 2024

Mon 7th October - YEAR 10 & 11
18th October - ASSESSMENT WEEKS

Mon 21st October - YEAR 7, 8 & 9
11th October - ASSESSMENT WEEKS

Wednesday 23rd October - END OF TERM

786 BUS TRANSPORT TO SCHOOL







Halewood Academy

The Avenue, Halewood L26 1UU Tel: 0151 477 8830 Email: admin@halewoodacademy.co.uk Web: halewoodacademy.co.uk

Mr I Critchley MA, PGCE, NPQH Executive Principal

7th October 2024

Dear Parents/Carers

Transport to School: Unacceptable Behaviour on Buses

As you are fully aware the 786 afternoon bus service was cancelled last week due to unacceptable behaviour by a small minority of students. Students have left litter, thrown fruit and generally caused a mess on the bus, which was a serious risk to the health and safety of the driver and other pupils. Clearly these are all unacceptable behaviours and could potentially cause further cancellations of the service.

Having met with representatives from the Liverpool City Region Transport Team this morning, we have been able to secure the 786 afternoon bus service to resume as of this afternoon (Monday 7th October 2024). This service will be monitored closely by the bus operators who will continue to share daily reports and CCTV directly with school and the police, if further unacceptable incidents occur. Should this happen again, I cannot guarantee that the service will not be cancelled on a permanent basis.

I am therefore urging you as parents and carers to contact the school with information regarding further issues on admin@halewoodacademy.co.uk. I am asking for your co-operation and that of your child so we can tackle the small minority of students that are making this journey unsafe. I want you to trust that the information we receive will be treated with the upmost confidentiality to ensure anonymity for those reporting incidents.

As stated in my previous correspondence although pupils may not be on the school premises, they remain subject to the behaviour for learning policy while travelling to and from school and ultimately you are responsible for their behaviour. Any incidents of anti-social or unacceptable behaviour will not be tolerated and this may lead to a pupil being temporarily or permanently suspended from using the service. In some cases, this may also lead to involvement with the Police which may result in prosecution. If a pupil is suspended from using the bus the responsibility of ensuring a pupil attends school regularly remains with parents/carers.

The following is an extract from the school's behaviour for learning policy which clearly outlines the school's power to discipline beyond the school gates. Teachers have the statutory power to discipline students for misbehaving outside of the school premises. Section 89(5) of the Education and Inspections Act 2006 gives teachers statutory power to regulate students' behaviour in these circumstances "to such an extent as is reasonable." At Halewood Academy we will impose reasonable sanctions for any student taking part in a school trip, travelling to and from school, wearing school uniform or in some other way identifiable as a student at the school including on social media. This may also apply to students that pose a threat to another student or member of the public or could adversely affect the reputation of the school. These will be subject to a statement(s) being completed or a report from staff, students or member of the public. An investigation will take place and consequences will be imposed that are deemed reasonable in all circumstances.'

786 BUS TRANSPORT TO SCHOOL







Halewood Academy

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Mr I Critchley MA, PGCE, NPQH Executive Principal

I trust that I have your full support to ensure that all passengers/students that use the public bus service to and from school can travel safely.

Yours Sincerely

Mr I Critchley **Executive Principal**

BEHAVIOUR IN THE COMMUNITY



We would like to remind all pupils about their conduct on the way to and from school and how they interact with members of the community, including local businesses and community public buildings. On rare occasions we receive complaints from residents about the way in which a minority of pupils behave and this leaves us disappointed.

We pride ourselves in the fact that the vast majority of our pupils behave in an exemplary way both within school and the local community. As a school we would like to remind parents and carers that our 'Behaviour for Learning Policy' does stress that we have the power to address any anti-social behaviour from our pupils both to and from school and when wearing our school uniform. Pupils are representing Halewood Academy and we will not have our reputation compromised by any inappropriate behaviour.



SAFEGUARDING, SOCIAL AND EMOTIONAL WELL BEING



What is self-esteem?

Self-esteem is how you see and feel about yourself. It's not just about looks – it's about self-confidence too.

When your self-esteem is strong, you don't stress too much about what others think. You accept yourself as you are, flaws and all, and believe you deserve good things. But sometimes, it's hard to believe in yourself or feel like you're enough. That's totally normal.

Everyone's self-esteem has its ups and downs. In a world where social media and comparison is everywhere, keeping a healthy self-esteem can be tough, but it's super important. Our advice can help you feel confident and good about yourself again.

What can cause low self-esteem?

Lots of things can cause low self-esteem and it can happen at any time in your life. It could be caused by things like:

- problems at school
- bullying
- trauma
- abuse or neglect
- issues with friendships or relationships
- exam stress
- health problems
- pressures from social media
- pressure from friends or family

Ways to think more positively about yourself?

Here are some tips to help you spot and change negative thoughts:

Understand why you focus on the negatives

It can be tough, but figuring out why you focus on the negatives can help you see what's causing your low self-esteem.

Ask yourself:

- What negative things do I think about myself?
- When did I start thinking this way?
- What happened to make me think this way?



SAFEGUARDING, SOCIAL AND EMOTIONAL WELL BEING



Challenge your negative thoughts

When negative thoughts come up, try looking at them differently. For example, if you feel like you've failed when things don't go perfectly, instead try thinking, "I did okay," or "It didn't go as planned, but I got through it." This takes the pressure off needing to be perfect.

Focus on the positives

Write down your best feature, a compliment you received, a kind thing you did for someone, or something that made you feel good. These can be small, everyday things like when you felt good in an outfit or when you shared your thoughts in class. They might seem like small things, but they can help you see the good things about yourself and why people appreciate you.



Write these moments down so you can look at them when negative thoughts creep in.

Be kind to yourself as you would to a friend

If a friend was struggling with these negative thoughts, what advice would you give them? Think about how you would help them to feel better and treat yourself with the same kindness.

For more information please visit https://www.youngminds.org.uk/young-person/coping-with-life/self-esteem-and-believing-in-yourself/





KETAMINE SIGNS & SYMPTOMS





03 October 2024

Ketamine – understand the signs and symptoms.

Dear Parent/Carer,

Knowsley Council recently launched a campaign to raise awareness of the growing use of the drug 'ketamine' (also known as "ket", "k", "Kenny") amongst young people. Ketamine is a drug that more and more young people in Knowsley and across the country are using without understanding the potential damage it can cause. It is believed that it is becoming particularly popular at parties and other gatherings and children as young as 13-14 have reported to have used it.

What is Ketamine?

Ketamine is an illegal drug which is sold as a white powder. It is known as a "disassociate anaesthetic" – it can reduce awareness and sensitivity to pain as well as inhibiting movement. When used, Ketamine can result in disorientation, confusion, and loss of motor coordination - this can result in the user putting themselves in increasingly dangerous situations. Because of its anaesthetic effect, it can also result in accidental injury which can go unnoticed or untreated.

What are the risks, and what should I look out for?

Regular use can result in physical and mental health problems, some of which parents may be able to recognise at their earliest stages such as:

- An urgent and frequent <u>need to pee</u> (which may be confused with a urinary tract infection).
- Going to the bathroom can often be painful, and urine may be blood stained.
- There may be stomach cramps, sometimes referred to as 'K cramps'.
- Mental health can suffer, including experiences of flashbacks, memory loss and problems with concentration.

The risks of medium to long term use include:

- Bladder damage can be serious and irreversible. Although stopping using ketamine can help, sometimes the damage to the bladder will need <u>surgery or</u> even removal.
- The urinary tract, from kidneys to the bladder can be affected and incontinence may develop.
- There is also emerging evidence of liver damage from longer term use.

KETAMINE SIGNS & SYMPTOMS



 Regular use can cause depression, and occasionally psychotic symptoms such as hallucinations. Ketamine can also make existing mental health problems worse.

What can I do if I think my child is using Ketamine?

As parents or carers, we are asking you to be aware of these concerns, speak to your children about what they know or are hearing about Ketamine - if your child is going to a party speak to them about the availability of drugs and if they are being offered this or seeing other young people using this.

You can access resources and support on speaking to your child about drug use via Talk To Frank: https://www.talktofrank.com/

If you are worried that your child may have been using ketamine, if they are showing any symptoms such as needing to go to the bathroom often, chronic pain, blood in their pee, constant sniffing and a runny nose please seek medical attention either through your GP, walk in centre, or in more serious cases A&E.

Young people can also speak to staff in schools, a teacher or pastoral support or school nurse. This will be treated confidentially and non-judgementally with support being sought for your child. In Knowsley, specialist drug and alcohol support services are available for anyone aged 10+ and can be accessed via Change Grow Live.

Visit <u>www.changegrowlive.org/integrated-recovery-service-knowsley</u> for more information.

You, as a parent can also phone or email direct to speak to a local specialist for advice confidentially on:

Phone: 0151 482 6291 Email: Knowsley@cgl.org.uk

If you are concerned about drug dealing in your local area you can report this anonymously through Crimestoppers: https://crimestoppers-uk.org/ or Merseyside Police's "Tell Us" website https://www.merseyside.police.uk/tua/tell-us-about/ - if you see a crime taking place and it's an emergency - call 999

Yours faithfully

Dr Sarah McNulty
Assistant Executive Director (Public Health)

Jonathan Jones Executive Director (Children's Servies)

FLU IMMUNISATION LETTER





School Aged Immunisation Service

Dear Parent/Carer,

Your child's annual flu immunisation is now due.

This immunisation is recommended to help protect your child against flu.

Flu can be an unpleasant illness and sometimes causes serious complications. Immunising your child will also help to protect more vulnerable family and friends by preventing the spread of flu.

Most children are offered a nasal spray immunisation which is a quick, simple and painless spray up the nose. Even if your child had the immunisation last year, the type of flu can vary each winter, so it is recommended to have it again this year or they won't be protected.

The nasal spray vaccine is the preferred vaccine. A leaflet explaining the vaccination programme is enclosed and includes details about the small number of children for whom the nasal vaccine is not appropriate.

The nasal spray vaccine contains a very small amount of gelatine from pigs (porcine gelatine) as an essential ingredient to keep it stable and able to work. For those who may not accept medicines or immunisations that contain porcine gelatine, an alternative flu injection is available. Since the programme was introduced, most children offered the vaccine in schools have had the immunisation.

Please complete your child's flu form by scanning the below QR code or visit our website: https://econsent.merseycare.nhs.uk/



You can choose which type of flu immunisation you want your child to receive. If you decide you don't want your child to receive their flu immunisation, we kindly ask you to still complete their form, as this will help us plan and improve the service and avoid you receiving further calls and reminders from the service

Alternatively, if you are completing a paper consent form, please return it to school within three days of receiving it. The team will enter the information you provide onto the system and confidentially dispose of your form at the end of the flu campaign.

FLU IMMUNISATION



Please remember it's important to ensure your child has received two doses of MMR and their other routine immunisations. This will ensure they are fully protected against vaccine preventable diseases.

Please contact your local team if you require any help, support or have any queries who will be happy to help

Yours Sincerely

School Aged Immunisation Services

Additional Information for Childhood Immunisations

To get the best protection for your child, they need to have had two doses of MMR vaccine. For a checklist of the vaccines and the ages at which they should ideally be given visit: www.nhs.uk/vaccinations

MMR for all leaflet



grco.de/MMRFORALL

Preschool immunisions



grco.de/PreSchool

Immunisations for young people



grco.de/YoungPeopleImms

Sefton Schools: 0151 247 6130

St Helens Schools: 01744 415 645 or email mcn-tr.immssth@nhs.net

Liverpool Schools: 0151 295 3833 or email mcn-tr.vacandimms.team@nhs.net Knowsley Schools: 0151 351 8805 or email mcn-tr.knowsleyimmunisationteam@nhs.net or email mcn-tr.seftonimmunisationteam@nhs.net

EXTRA-CURRICULAR CLUBS



We have a wide variety of school clubs that we hope will appeal to all students' interests and talents.

We believe that the learning journey through school is not just about securing educational qualifications and we value the whole experience that our students receive here and understand that time spent developing extra-curricular interests is pivotal to ensuring our students leave us as well-rounded citizens; well qualified, happy and healthy.

We have an extensive extra-curricular programme for students to be involved in after school. That said, we are always open to new ideas.

If students feel that there is something that we do not offer that they would really like to try, then we will do our very best to facilitate it.

For lunchtime clubs please collect a pass from the staff member taking the session.

	Breakfast Clubs – 8	3:00am - 8:30am – Av	ailable to All
	Club	Location	Staff
	Football	Sports Hall	Duty Staff
Gy	m and Fitness	Fitness Suite	Duty Staff
	evement Centre reakfast Club	Achievement Centre	Duty Staff
Key	Stage 3 Music	Music Room	Duty Staff
A	trium Chess	Atrium	Duty Staff
	Library	Library	Duty Staff
	Study Club	Assembly Hall	Duty Staff
Cant	een and Atrium	Canteen	Duty Staff

		Lunchtime		
Club	Location	Staff	Time	Year Groups
Football/Sport	MUGA	Duty Staff	1:15 - 1:55	Year 7 and 8
Football/Sport	3G	Duty Staff	1:15 – 1:55	Year 9, 10 and 11
Badminton	Sports Hall	Duty Staff	1:15 – 1:55	All
Chess Club	F30	Mr S Jones	1:15 – 1:55	All
ICT and Computing Club	S21	Miss O'Neill	1:15 – 1:55	All
Gaming Club	S28	Mr C Hartley	1:15 – 1:55	Invite
Art Club	G01	Mr A Casey	1:15 – 1:55	Year 7, 8 and 9
Art & Photography	F05	Mrs A Manriquez	1:15 – 1:55	Year 10 and 11
Fitness	Gym	Miss J Hastings	1:15 – 1:55	All
Music Club	G53	Miss C Costello	1:30 - 1:55	Year 7, 8, 9 and GCSE

After School					
Club	Location	Staff	Time	Year Groups	
Sparx Maths	S22	Miss E Jones	3:00 – 4:00	All	
Creative Writing	F59	Miss S Bates & Mr S Meaghan	3:00 – 3:45	All	
Netball	MUGA	Mrs H Scott	3:00 – 4:00	All	
Badminton	Sportshall	Everton in the Community	3:00 – 4:00	All	
Football	3G	Mr Campbell	3:00 - 4:00	Year 9	
Fitness	Gym	Miss J Lowe	3:00 – 4:00	All	
Movie Monday	Library	Miss M Towers	3:00 - 4:00	All	
Art Club	G01	Mr A Casey	3:00 – 4:00	Year 7, 8 and 9	
Art Enhanced	F05	Mrs A Manriquez	3:00 - 4:00	Year 10	



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Football	Sports Hall	Duty Staff			
Gym and Fitness	Fitness Suite	Duty Staff			
Achievement Centre Breakfast Club	Achievement Centre	Duty Staff			
Key Stage 3 Music	Music Room	Duty Staff			
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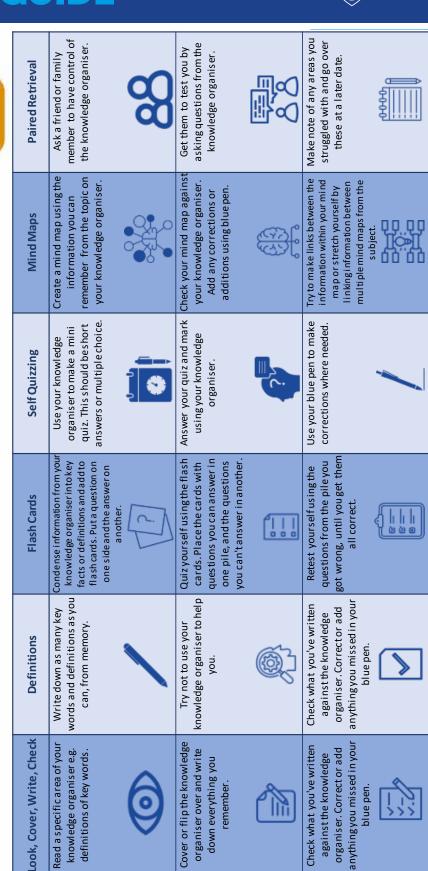
KNOWLEDGE ORGANISERS STUDENT GUIDE





How to Use Your Knowledge

Organiser



Step 1

MEMBER OF THE WADE DEACON TRUST

Step 3

FOR MORE

INFO CLICK HERE

KNOWLEDGE ORGANISERS A PARENT GUIDE HALEWOOD ACADEMY

Knowledge Organisers A Parent Guide

Tip 1

Question your child on the content. E.g. Ask them to define the keywords for a topic or to draw a diagram from memory. Give them prompts if they don't get it write, but don't just tell them the answer. Get them to note down any areas they need to work on.



Tip 2

Make it a routine. A few questions a day can make a huge difference – perhaps it could become part of their after breakfast or dinner routine.



Tip 3

Ask your child to teach you about something on the knowledge organiser. Teaching someone else, and answering questions about a topic, is a great way to reinforce knowledge and identify areas of weakness.



Tip 4

Prompt your child to turn the information into a different format. E.g. Keywords can become flashcards, facts can be transformed into a mind map.



DISABLED PARKING AT SCHOOL

Halewood Academy has been made aware that people are parking and double parking in the allocated disabled parking bays to pick up and drop off students.

Please be considerate of our disabled community and only use the disabled parking bays in the school car park if you are a blue badge holder, particularly when dropping off and picking up students.

Thank you

Halewood Academy



SPEED LIMIT AT SCHOOL

Please when entering and leaving the school premises, could all parents and carers adhere to the speed limit of **5mph**.

There have been a number of close incidents involving students/staff which could result in a accident and injury.

Thank you

Halewood Academy



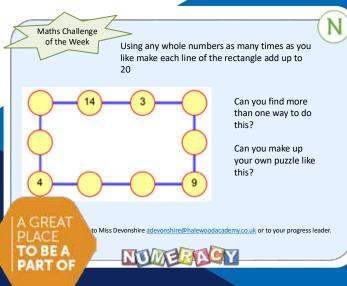
Sparx Maths

Maths homework for Y7 – 10 is set every Wednesday at 3pm and due in the following Wednesday by 2pm.

To log in you need to enter your school email address $% \left\{ 1,2,\ldots ,n\right\}$

e.g. 24tswift@halewoodacademy.co.uk

The password is the same one as you need to log in to a computer in school.



SIMS PARENT APP

We would still like to remind you about the SIMS Parent App, which will an instant way of checking your child's attendance, timetable and assessment information.

Thank you to all parents/ carers who have already downloaded the app. The app has become the main vehicle for communication from school, therefore it is important to download the app.





ANIMAL CARE YEAR 10









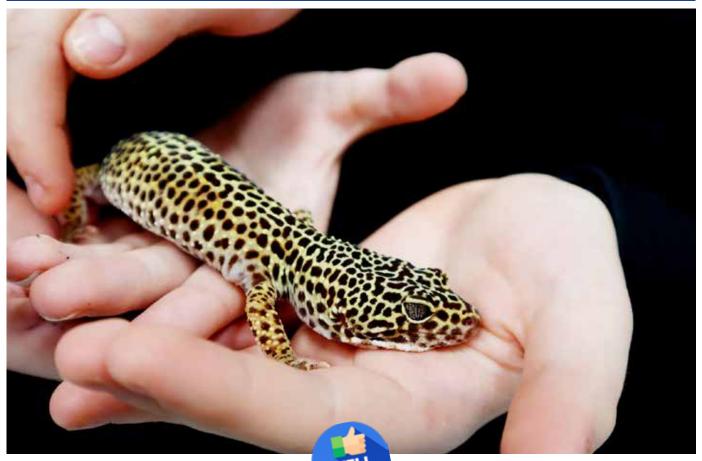


ANIMAL CARE AT HALEWOOD ACADEMY

This term Mr Rewcastle's Year 10 BTEC Animal Care class have been practicing their use of PPE and safe handling techniques for a variety of animal species including Leopard Geckos, Tree Frogs, African Giant Land Snails, Crested geckos and Milk Snakes.

ANIMAL CARE YEAR 10







With the help of Naomi from Animal Teach, pupils have been learning about the factors affecting animal behaviour, the impact on handling and restraint, and when it is safe and unsafe to handle and restrain animals. Well done to all students and keep up the great work!

Mr Newcastle Science Teacher





PREFECTS 2024





The visits will be ongoing when the mobile engagement van will attend **Halewood Academy** for the local community to visit, including our prefect team.

Through this collaboration, the prefect team has gained valuable insights into local governance while contributing to positive changes that will have a lasting impact on the school and the wider area.

This year, our prefect team has been actively collaborating with the local council and planning department to help improve both our school environment and the wider community.

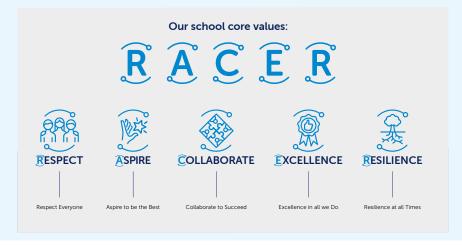
As student representatives, the prefects have worked closely with council members to discuss projects that impact the school and surrounding areas, ensuring that student voices are heard in local decision-making processes.

The prefects previously took part in community meetings, where they voiced ideas on improving nearby public spaces, helping to create a more welcoming environment for both students and residents. Their involvement in these projects has not only benefitted the school but also fostered a stronger sense of community engagement.



The mobile engagement van is accessible to the local community between 10am and 4pm on Tuesday 15th October. Free parking is available at Halewood Academy so your opinions can be shared with council representation on community planning works.

Thank you
Mr Harrison
Assistant Vice Principal



STUDENT LEADERSHIP ASSEMBLY





The prefects excelled in presenting their vision for the upcoming school year to each year group during assembly, showcasing strong communication skills and a clear understanding of their audience. Each presentation was tailorVed to address the specific needs and interests of the year groups, creating a sense of relevance and engagement.

Starting with Year 7, the prefects employed relatable language and interactive elements, making the information accessible and enjoyable. They emphasised the importance of building a supportive community, which resonated well. As they moved through year groups each day delivering, the prefects shifted their focus to more complex topics, such as leadership opportunities, academic support, and extracurricular involvement. Their ability to address the aspirations of the older students demonstrated a maturity that promoted trust and motivation. The prefects encouraged open dialogue, inviting questions and feedback, which further enhanced the collaborative atmosphere. This approach not only informed but also inspired students to contribute to the school community actively. The prefects' vision is to leave a positive lasting legacy by creating new initiatives for all students based on student voice.

Overall, the prefects' presentation was effective and impactful, fostering a sense of unity and excitement for the year ahead. Their commitment to inclusivity and leadership shone through, leaving students feeling empowered and optimistic about the journey ahead.

Well done to all involved,

Mr HarrisonAssistant Vice Principal





UNIFORM

To all parents/carers please can you inform their children to pick up lost property and put names in their uniform.





The Halewood Academy Pantry has been running for 6 months now and we have supported many families during this time.

We stock tinned, packet and jarred goods. Dried foods and breakfast cereals, tea bags, coffee, hot chocolate, milk and sugar. Toilet Rolls, washing up liquid & dishcloths. Toiletries shower gel, toothpaste, deodorant, baby wipes and sanitary wear and even dog and cat food. We still have fresh bread every Tuesday. We are now able to offer Laundry Liquid/Washing Powder and some cleaning products (these are on request only), you can do this by emailing householdsupport@halewoodacademy.co.uk and a parcel can be left at Reception for you to collect. A very kind family donated a bag of items recently. a BIG thank you for this, your support is really appreciated. If you would like to support our Pantry all items are gratefully received, the only stipulation is that it is in date and must not contain alcohol or any sharp objects.

Mobiles phone use is allowed in school up to 8.30am, after this time they must be switched off and kept safe in their school bag. Should you need to contact your child in an emergency please telephone the school main reception.



NO MOBILES PHONES

NO JEWELLERY OR TRAINERS

Jewellery is **NOT** allowed in school including stud earrings, for students. Nail varnish and false nails are also not allowed.

Also Trainers are **NOT** allowed to be worn under any circumstances by students.

Only if they have a medical reason will they be given permission.



NO TRAINERS









NO JEWELLERY

WORLD MENTAL HEALTH DAY



On Thursday 10th October marked World Mental Health Day with a Hello Yellow Day!

We asked that staff and students who wanted to take part and wear one item of **yellow** to bring a cash donation with them on the day, all money raised will go to **Young Minds**, to show young people that how they feel matters and help to create a future where all young people get the mental health support they need, when they need it.

A recommended donation would be 50p, but most importantly, **#HelloYellow** is designed to be fun and to brighten up everyone's school day, whilst raising awareness of the challenges that young people face in managing their mental health.







BREAKFAST TREATS IN FOOD TECH

This week Food Technology focused on teaching Year 7 and Year 8 students some basic cooking skills. So far this term they have been preparing a variety of dishes using eggs as the main ingredient and have made toast without a toaster under a grill, scrambled eggs on toast, fried eggs and French toast.









SPORTS UPDATE







Absolutely fantastic week of Year 7 boys football! The A team beat Kirkby 10 v 0 with some amazing performances throughout the squad! Goals from Liam (3) Joseph (2) Alfie (2) Mark (2) and Lealand. We have some big games to come!

The year **7B team** are also flying - two different squads of players played on Wednesday night against **Kirkby** in an epic contest that went back and forth! **Kirkby** eventually won 7-5 but we scored great goals through **Cameron (3) Harry and Luca**.

Mr Rylands was really proud to see almost 50 different boys representing their school. Congratulations and well done boys!

Mr RylandsPE teacher

EXAM INVIGILATORS VACANCY



HALEWOOD ACADEMY

We are seeking to employ enthusiastic and committed individuals to support the school's Business Support Team during examination and assessment periods throughout the school year.

Full details of the post, including the job description and how to apply are available in the link below:



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

PHYSICAL DAMAGE

WHAT ARE THE RISKS?

While some tablets (such as the Amazon Fire kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

INAPPROPRIATE CONTENT

your child to go sear-occur to your child to go sear-occur to your child to go sear-occur to rior maction, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

SIRI SUGGESTIONS

The parental controls built into ioS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settinas menu.

Advice for Parents & Carers

ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy 'feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny!) it. This option only becomes available if you've set up Family Sharing.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the edito of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



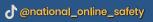






/NationalOnlineSafety













 Encourage them to go to local, organised events – o stay in for a spooky movie night

- If they're going out, especially on the 30th and 31st,drop them off and pic them up
- If they're walking somewhere local – walk with them



CARMEL COLLEGE YOUR PLACE TO EXPLORE

MAGINE. INVENT. CREATE, ENJOY.



Register today: scan me!

Visit us at an

OPEN EVENT

to find out more.

Wednesday 9th October 2024

Thursday 7th November 2024

Tuesday 11th March 2025

5.00pm - 7.30pm

Prescot Road, St Helens, Merseyside, WA10 3AG

www.carmel.ac.uk

CAREER DAYS 2024





There are dates available for students to attend career days online over the next couple of months.

Career Days give students an insight into different careers that might appeal to them, advice on subject choices and how to apply to university, followed by work experience in the afternoon to help them see what the career may be like. Students receive a certificate confirming their work experience.

Students who are aged 13-18 can register to join the online days by visiting www.careerdays.co.uk

The schedule is as follows:

Business Career Day

- Saturday 12th October 2024

Psychology Career Day

- Saturday 19th October 2024

Architect Career Day

- Saturday 26th October 2024

Performing Arts Career Day

- Sunday 27th October 2024

Law Career Day

- Saturday 2nd November 2024

Vet Career Day

- Saturday 9th November 2024

Computer Science Career Day

- Saturday 23rd November 2024

Engineering & Technology Career Day

- Saturday 30th November 2024

Students can visit www.careerdays.co.uk to join a session that interests them and will receive a certificate at the end of the day confirming their work experience.

YEAR 6 ADMISSIONS 31ST OCTOBER HALEWOOD ACADEMY

Parents of year 6 Children It's time to apply for a secondary school place (year 7) September 2025 Intake

Knowsley residents – Apply online by visiting www.knowsley.gov.uk

CLOSING DATE 31ST OCTOBER 2024

- If your child is currently in year 6 of primary school or their date of birth falls on or between 1 September 2013 and 31 August 2014, now is the time to apply for a year 7 secondary school place for September 2025.
- There is no automatic transfer everyone must apply between 12 September 2024 and 31 October 2024 by completing the application form of the Local Authority in which you live.
- Knowsley residents should apply by accessing the online application portal via the Knowsley website www.knowsley.gov.uk .
- It is the responsibility of the parent/carer to ensure they have read the admission policy of each school they are considering applying for and provided all the information required to support their application this may include completing a supplementary information form with some individual schools where requested.
- For full information about the application and allocation process and admission policies for individual schools, visit the school admission pages at www.knowsley.gov.uk and access the 'Knowsley, Secondary Admission Composite Prospectus'.

For further advice, contact Knowsley School Admissions Team
Email: schooladmissions@knowsley.gov.uk
Tel: (0151) 443 5142 / 5143 / 3372



PREMIER LEAGUE KICKS



Dear Parent / Guardian

Premier League Kicks

Everton in the Community are pleased to announce a new **free** football session every **Wednesday** at South Liverpool Goals (Speke).

The session timings are as follows: -

5pm - 6pm for year 7, 8 and 9

6pm - 7pm for year 10, 11, 12 and 13

The session takes place on 3G turf, so suitable footwear for playing football is preferred.

From this there will be opportunities to represent Everton in the Community in competitive fixtures/tournaments, as well as opportunities to take part in visits to other football clubs.

If this would be of interest to your child, they can attend the session on any Wednesday at the times shown above and be registered on the night.

If you require any more information regarding the session, then don't hesitate to contact on the details below.

Kind regards,

John Rawlinson Premier League Kicks Senior Coordinator

Email – john.rawlinson3@evertonf.com

Mobile - 07813996719



MONDAY

WEDNESDAY

THURSDAY

ACTION FOR HAPPINESS

Happier · Kinder · Together

Optimistic October 2024

14

Do



matter a year Ask yourself will this still from now?

activity to look

torward to

or exciting

Plan a fun

28

matters to you of others and expectations focus on what

Let go of the

a choice about that you have

gone well

recently

Recognise

with a friend or picture or video hopeful quote, colleague

30 prioritise what to

give you hope Identify three for the future things that

purpose for the coming month that brings a sense of Set a goal





people around the good in you today Look for

take for granted things you often achieving the yourself for Thank

something

a difficult

fun or uplifting to-do list and Put down you do something

24 things that have you want to see positive change step towards a three specific Write down in society

three priorities What are your do everything! right now? You can't

on a problem

26

progress takes yourself today. Remember, Be kind to

time

project or task progress on a you have been Make some avoiding important goa Share an

œ

with someone you trust

> what you have accomplished Take a small to reflect on

18 goals for the but realistic Set hopefu days ahead

of your positive will be helpfu qualities that in the future Identify one

tackling a task you've put off for some time Find joy in

20

optimistic abou something to be difficult time) (even if it's a

Take a small

day with the

Start your

can look forward

to this month

three things you

Write down

goal that really matters to you step towards a Take time

most important thing on your to-do list

blaming yourself or others. Find a helpful way torward Avoid 12

cheerful today reasons to be for positive news and Look out

you are facing an obstacle to overcome Ask for help

Be a realistic optimist. See but focus on what's good life as it is,

for the better that things Remind

FRIDAY

SATURDA

SUNDAY